

**Portage Senior Citizens Advisory Board**  
**Meeting Minutes**  
September 17, 2014

Board Present: Jim Hoppe, Mary Maisto, Ann Perkins, Mary Lou Petruccio, Trudy Riker, and Simran Singh, Youth Participant

Absent/Excused: Pat Berninger, Monifa Jumanne, Ruth Ann Meyer, Art Roberts, and Karen Warner

Staff: Kimberly Phillips, Senior Citizen Services Manager

Guests: None

Chairperson Ann Perkins called the meeting to order at 2:30 p.m.

The minutes from August were discussed and two changes were proposed. We agreed to delay approval of the minutes until our October meeting.

**Items for Information**

- **Management Report for August** (Kim)

Total event sign-ins: 1669

Active memberships: 1316, with 11 new members and 53 renewals

Volunteer hours: 1888, representing the work of 94 volunteers

Program Highlights: A Mexican cooking demonstration provided by Chef Roger of Tendercare had good attendance. Business Bingo, a new event, was sponsored by New Friends Memory Care and supported by 15 local businesses. Nearly 50 members enjoyed the event.

Travel: 69 people participated in travel with Portage Senior Center (PSC)

Kim also reported that six businesses have responded to inquiries with interest in a partnership with PSC. More information will be coming.

- **Wellness** (Ann) – Karen researched the [healthfinder.gov](http://healthfinder.gov) Web site to learn the health topics to be highlighted each month by the U.S. Department of Health and Human Services (see **National Health Observances**). We discussed providing information on these topics in the PSC newsletter. Kim said the deadline for newsletter articles is the end of the month two months prior to the publication date (ex., end of Oct for Dec/Jan newsletter). She said health information may be posted on our bulletin board, as well. Ann informed us that Karen will not be able to continue as our Wellness representative. However, Karen is willing to assist in providing information to the new board representative.
- **Trip Committee** (Trudy) – Trudy reported on a great trip to see the Tigers vs. Yankees. Travelers also enjoyed “A Culinary Walk” in Saugatuck. The Fall Trip Preview is scheduled for Monday, October 20 at 1:30 p.m.
- **Friends of PSC** (Trudy) – More than 120 people attended the Friends' Bits of Business Mini Senior Expo at PSC. **Friends** will be sending out its annual appeal mailing by the end of October. Discussion is underway for the 2015 golf outing fundraiser.

**Old Business** – None

### **New Business**

- We welcomed our new youth participant, Simran Singh. She provided some of her background information to us.
- Election of Officers – Art Roberts and Jim Hoppe have terms expiring and do not plan to reapply. We are grateful for their years of service. Officer elections will be held at our October meeting.
- Report to City Council on Goals and Objectives – At the September 23 City Council meeting Jim Hoppe will present the annual update on our 2013-2014 Goals and Objectives. We held a discussion on items to include for each goal.
- New Fundraising Idea – Kim asked for board input regarding a new fundraising idea which would occur in a Portage park and provide funds for PSC. We agreed that it was a worthwhile idea.

### **Activities Reminders**

Welcome Reception for Kim Phillips, Tuesday, October 14, 10-11 a.m. PSC Lobby.

### **Advisory Board Comments**

Jim explained the PSC reaccreditation process to the new youth representative. Mary Lou commented on the inviting atmosphere created by the garden area at PSC. Mary mentioned that more volunteers are needed to maintain the garden. Simran said she will mention this to the Portage Central High School Garden Club leader.

### **Citizen Comments** – None

The meeting was adjourned at 3:42 p.m.

The next Advisory Board meeting will be held October 15 at 2:30 p.m. at the Senior Center.

Submitted by Mary Maisto