

Portage Senior Center October 2017 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
5:00 PM Out to Dinner at The Crew on Cork St. 2	3	Loaves & Fishes Bag Collection 4	Loaves & Fishes Bag Collection 1:00 PM Cooking Demo - "Fabulous Fall Food" 5	Loaves & Fishes Bag Folding 6 7 <i>Trip: Fall Into Mystery</i>
1:15 PM Big Screen Movie, <i>A Taste of Old Holland</i> 9	8:30 AM Out to Breakfast at Café Meli 10	11 <i>Trip: Shakespeare @ Stratford</i>	9:00 - 11:30 AM Blood Pressure Clinic 10:00 AM - Noon Artistic Photography 12	13 14 <i>Trip: Cranberry Harvest</i>
16	8:00 AM Friends of the PSC Board 2:00 PM What is MFBVI 6:30 - 8:30 PM ABCs of Medicare <i>Trip: All Things Amish</i> 17	2:30 PM PSC Advisory Board 18	11:00 - 1:00 PM Spinal Screenings 11:30 AM Out to Lunch at Moneli's 2:00 PM What is MFBVI? 19	10:00 AM Food Safety 101 20
23	24	25	11:30 AM Halloween Lunch 6:00 PM Million Letters Campaign 26	1:00 PM Consumer Education Online Safety 27 <i>Trip: Oct. 27-Oct. 29 DIY Woman's Craft Retreat</i>
30	31 <i>Trip: Halloween, Hell, Haunts & History</i>			

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Monday	Tuesday	Wednesday	Thursday	Friday
		Loaves & Fishes Bag Collection 1	11:30 AM Hand Chimes Lunch 1:30 PM All New Travel Destinations, Steve Ellis Loaves & Fishes Bag Collection 2	Loaves & Fishes Bag Folding 3 4 9:00 AM - 2:00 PM Holiday Bake Sale and Bazaar
Daylight Savings Time Ends 5	Voting Precinct (in Gallery) 7	8	9:00 - 11:30 AM Blood Pressure Clinic 9	10 <i>Trip: Crime & Pun-ishment</i>
6 5:00 PM Out to Dinner at Old Chicago				11 <i>Trip: Fall Into Mystery</i>
1:15 PM Big Screen Movie, <i>A Walton Thanksgiving Reunion</i> 13	8:30 AM Out to Breakfast at Julianna's 14	2:30 PM PSC Advisory Board 15	11:30 AM Thanksgiving Lunch 1:00 - 3:00 PM Spinal Screenings <i>Trip: Holiday Shopping in Schaumburg</i> <i>Trip: 42nd Street at Drury Lane</i> 16	17
20	8:00 AM Friends of the PSC Board 21	22	23 Closed in Observance of the Holiday	24 Closed in Observance of the Holiday
27 <i>Trip: Christmas in Branson</i>	6:30-7:30 PM The Importance of Sharing Your Medical Record 28 <i>Trip: The Cowpoke Holiday</i>	2:45 PM Prof Talks WMU Buddhist Roots of the American Mindfulness Movement 29	11:30 AM Out to Lunch at University Roadhouse 1:00 PM Coffee with a Cop 30	

This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:10 Enhance Fitness 9:30-11:30 Relaxed Pace Bridge 10:00 Trip Committee (3rd) 10:00 Garden Pals Garden Club (2nd) 10:00 Book Club (2nd) 10:00-12:00 Computer Tutoring 10:30 Body Rebound 12:30 Massage Therapy (1st & 3rd) 1:00 Art Open Session 1:00 MMAP (2nd) 1:15 Big Screen Movie (2nd) 1:30 Cribbage 1:00 Canasta 3:30-4:45 Ping Pong 5:00 Out to Dinner (1st)</p>	<p>8:30 Out to Breakfast (2nd) 8:30-9:30 Tai Chi 10:00 Wii Bowling 9:30 Walkers with Walkers Crossroads Mall Food Court @ the Carousel 10:30-12N Recycled Cards (1st, 3rd & 4th) 11:00 SilverSneakers Splash 12:30-4:30 Billiards 12:30 Bridge 1:00 Mah-Jongg 1-2:30 Yoga 1-3:00 Woodcarving 1:00 Chair Volleyball 3-4:30 Band Practice 6:30 Bid Euchre 6-9:00 PM Just for Fun Poker (2nd) 7:00 Alzheimer's Association Support Group (3rd)</p>	<p>8:10 Enhance Fitness 9:00 Van Shopping 9:20 Qigong 9:30-11:30 Relaxed Pace Bridge 10:00 Laptop Intro. to Office 10:30 Reminiscence Writing 10:30 Body Rebound 12:00 - 2:00 Computer Tutoring (Windows 10 Only) 1:45-4:45 Euchre</p>	<p>9-11:00 Blood Pressure Clinic (2nd) 9-12:00 PSC Needlers 9:00 Van Shopping 9:30 Choir Practice 9:30 Walkers with Walkers 11:00 SilverSneakers Splash 11:30 Out to Lunch (3rd) 12:30 - 4:45 Billiards 1:00 Pinochle Single Deck 1:00 Hand Chimes 1:00 Healthy Brain Club (2nd) 3:30-4:45 Ping Pong</p>	<p>8:10 Enhance Fitness 9:20 Zumba 10:30 Body Rebound 12:30-4:45 Billiards 1:00 Pinochle Double Deck 1:00 Sisterhood (2nd) 1:00 Scrabble (1st & 3rd) 12:30 Bridge 1:00 Dominoes (2nd & 4th) 1:00-4:00 Quilting and More</p>
<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Wish List: Hand sanitizer Postage Stamps Sanitizing wipes Tissues</p> </div>				