

Portage Senior Center April 2017 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1
1:15 PM Grocery Bingo hosted by Absolute HomeCare 5:00 PM Out-to-Dinner at Applebee's on Westnedge 3	4	Loaves & Fishes Bag Collection 5	Loaves & Fishes Bag Collection 6	Loaves & Fishes Bag Sorting 9:30 AM Aging Mastery Program 7
Farmers Market 10-2:00 9	Out-to-Breakfast at East Egg on Sears Drive 11 6:30 PM Schram's Greenhouse Garden Talks	12	9:30 AM Blood Pressure Clinic 11:30 AM Easter Lunch 13	9:30 AM Aging Mastery Program 14
1:15 PM Big Screen Movie: <i>Moondance Alexander</i> 10	<i>Trip: Local Treasures 4</i>			
3:00 PM Prof Talks at the Portage District Library, <i>Soga Japan Center</i> 2-6:00 PM TRIP PREVIEW 17	8:00 AM Friends of the PSC Meeting 18 11:30 AM Lunch with Langelands, <i>Welcome Home: The Vietnam War Era and National Memorial</i> 5:00 PM Heritage Dinner Series 7:00 PM Schram's Greenhouse	2:30 PM Senior Citizens Advisory Board Meeting 19	9-11:00 AM Bits of Business 20 11:30 AM Out-to-Lunch at Red Lobster on Westnedge 1:00 PM TED Talks, <i>Architecture</i>	9:30 AM Aging Mastery Program 21
				<i>Trip: Thunder Over Louisville</i>
				22
				<i>Trip: Bountiful Beautiful Bargains</i>
	10:00 AM iPad Discussion Group 25 6:30 PM Bronson Health Program: <i>What's Causing the Pain in My Hand, Wrists or Elbows</i>	9:00 AM Bicycle Club Meeting 26	Volunteer Appreciation Open House 4-6:00 PM 27	9:30 AM Aging Mastery Program 28
1:00 PM Club PSC Walking Program Kickoff 24		<i>Trip: Irving Berlin's I Love a Piano</i>		
		<i>Trip: Celebration Belle</i>		MAY - Farmer's Markets every Sunday from 10:00 - 2:00

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Monday	Tuesday	Wednesday	Thursday	Friday
5:00 PM Out-to-Dinner at Marjos West in Schoolcraft 1	2	Loaves & Fishes Bag Collection 3	1:30 PM Steve Ellis Presents: <i>The Day "Granny" Came to Town</i> Loaves & Fishes Bag Collection 4 <div style="border: 1px solid black; padding: 2px; text-align: center;"><i>Trip: The Kentucky Derby</i></div>	Loaves & Fishes Bag Sorting 9:30 AM Aging Mastery Program 5
1:15 PM Big Screen Movie: <i>Summer Snow</i> 8	8:30 AM Out-to-Breakfast at Rise N Dine in Vicksburg 9	10 <div style="border: 1px solid black; padding: 5px; text-align: center;"><i>Trip: Irving Berlin's I Love a Piano</i></div>	9:00 AM Blood Pressure Clinic 11 11:30 AM Mother's & Father's Day Lunch	10:00 AM Alzheimer's Presentation: <i>Know the Ten Signs</i> 12
15	8:00 AM Friends of the PSC Meeting 5:00 PM Heritage Dinner Series 16	2:30 PM Senior Citizens Advisory Board Meeting 17 <div style="border: 1px solid black; padding: 2px; text-align: center;"><i>Trip: Wet & Wild</i></div>	11:30 AM Out-to-Lunch at Summer Thyme Café on Portage Road 18 1:00 PM TED Talks, <i>Vaccines</i>	19
Friends Golf Scramble 22	6:30 PM Bronson Health Program: <i>Recognizing the Signs and Symptoms of Stroke</i> 23 <div style="border: 1px solid black; padding: 2px; text-align: center;"><i>Trip: Spring Into Detroit</i></div>	2:30 PM Aging Mastery Program 24	1:00 PM Spring Flavors Cooking Demo 25	26 <hr style="border: 0; border-top: 1px solid black; width: 100%;"/> 27 <div style="border: 1px solid black; padding: 2px; text-align: center;"><i>Trip: Peru: Ancient Land of Mysteries</i></div>
Closed in observance of Memorial Day 29	30	2:30 PM Aging Mastery Program 31		

This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:10 Enhance Fitness 9:30-11:30 Relaxed Pace Bridge 10:00 Trip Committee (3rd) 10:00 Book Club (2nd) 10:00 Garden Pals Garden Club (2nd) 10:00-12:00 Computer Tutoring 10:30 Body Rebound 12:30 Massage Therapy (1st & 3rd) 1:00 Art Open Session 1:00 MMAP (2nd) 1:15 Big Screen Movie (2nd) 1:30 Cribbage 1:00 Canasta 3:30-4:45 Ping Pong 5:00 Out to Dinner (1st)</p>	<p>8:30 Out to Breakfast (2nd) 8:30-9:30 Tai Chi 10:00 Wii Bowling 9:30 Walkers with Walkers PBCT (Portage Bicentennial Trail) 10:30-12N Recycled Cards 11:00 SilverSneakers Splash 12:30-4:30 Billiards 12:30 Bridge 1:00 Mah-Jongg 1:00 Club PSC Walking (starting May 2) 1-2:30 Yoga 1-3:00 Woodcarving 1:00 Chair Volleyball 3-4:30 Band Practice 6:30 Bid Euchre 6-9:00 PM Just for Fun Poker (2nd) 7:00 Alzheimer's Association Support Group (3rd)</p>	<p>8:10 Enhance Fitness 9:00 Van Shopping 9:00 Bicycle Club, different start times as scheduled 9:20 Qigong 9:30-11:30 Relaxed Pace Bridge 10:00 Laptop Intro. to Office 10:30 Reminiscence Writing 10:30 Body Rebound 1:45-4:45 Euchre</p>	<p>9-11:00 Blood Pressure Clinic (2nd) 9-12:00 PSC Needlers 9:00 Van Shopping 9:30 Choir Practice 9:30 Walkers with Walkers 11:00 SilverSneakers Splash 11:30 Out to Lunch (3rd) 12:30 - 4:45 Billiards 1:00 Pinochle Single Deck 1:00 Club PSC Walking (starting May 2) 1:00 Hand Chimes 1:00 Prevent Memory Loss (2nd) 3:30-4:45 Ping Pong</p>	<p>8:10 Enhance Fitness 10:00-12:00 Computer Tutoring 9:20 Zumba 9:30-2:30 Trip Office open for business 10:30 Body Rebound 12:30-4:45 Billiards 1:00 Pinochle Double Deck (1st, 3rd, 5th) 1:00 Sisterhood (2nd) 1:00 Scrabble (1st & 3rd) 12:30 Bridge 1:00 Dominoes (2nd & 4th) 1:00-4:00 Quilting</p>